



SPRING/SUMMER 2025



COD LOINS

Cod is an extremely versatile white fish and pairs well with a variety of cuisines at any time of the year. Great with any side of your choice.

PRODUCT CODE: 86812 PRICE: \$65.00
PACKAGED: 20 PCS X 4 OZ (113 GR EACH)
2 LOINS PER VAC PACK



CERTIFIED ANGUS BEEF® FRENCHED COWBOY STEAK

The Certified Angus Beef® brand's standards are the true mark of quality, ensuring juiciness, tenderness and flavor in every bite.

PRODUCT CODE: 18242 PRICE: \$74.00
PACKAGED: 2 STEAKS X 20 OZ (570 GR EACH)
STEAKS INDIVIDUALLY VAC PACKED



CERTIFIED ANGUS BEEF® TOP SIRLOIN STEAK

A versatile steak that is cut from the top sirloin. Lean, juicy and tender, it boasts great flavour.

Can you hear the sizzle... perfect summer steak!

PRODUCT CODE: 14262 PRICE: \$85.00
PACKAGED: 2 STEAKS PER PACK | 12 STEAKS X 6 OZ



SPRING/SUMMER 2025



STEAKHOUSE BURGER

Our Steakhouse Burger has been a mainstay in restaurants for years for one reason - it's an old school great burger!

PRODUCT CODE: 46342 PRICE: \$58.00

PACKAGED: 40 BURGERS X 4OZ

PRODUCT CODE: 40002 PRICE: \$53.00

PACKAGED: 24 BURGERS X 6OZ



CANADIAN PORK RIB CHOP

A Pork Chop that will surely "WOW" your family and friends. This new CDN Product is flavourful and a great addition to your BBQ line up this summer!

PRODUCT CODE: 62022 PRICE: \$45.00

PACKAGED: 10 CHOPS X 8 OZ (225 GR EACH)
CHOPS INDIVIDUALLY VAC PACKED



SMOKED & SLOW COOKED PORK BACK RIBS IN BBQ SAUCE

We don't care if you are the person who tells the best jokes or are the best dancer. The most popular person at a party will always be the one who brought the ribs.

PRODUCT CODE: 92862 PRICE: \$54.00

PACKAGED: 6 FULL RIBS X 21 OZ EACH

**BEEF
ITEMS**

SPRING/SUMMER 2025



AA/US SELECT BONELESS RIB EYE STEAK

Known as the “King of Steaks”, the Rib Eye is prized for its tenderness and flavour and abundant marbling. A top seller in Steakhouses and grocery stores.

PRODUCT CODE: 12272 PRICE: \$108.00
PACKAGED: 6 STEAKS X 12 OZ
 STEAKS INDIVIDUALLY VAC PACKED



CERTIFIED ANGUS BEEF[®] STRIPLOIN STEAK

This premium steak is a steakhouse classic, known for its robust marbling, tenderness and flavour.

PRODUCT CODE: 14442 PRICE: \$95.00
PACKAGED: 2 STEAKS PER PACK | 6 STEAKS X 10 OZ



BONELESS BOTTOM SIRLOIN “BAVETTE” STEAK

The Bavette Steak is one of those cut’s of Beef that does not get the glory it deserves! Tremendous Marbling and a tender texture. Serve on it’s own with your choice of side. Great steak on a bun, steak fajita, steak salad or stir fry.

A MUST TRY! You will be left wanting more!

PRODUCT CODE: 18842 PRICE: \$77.00
PACKAGED: 16 X 4 OZ | 4 STEAKS PER VAC | 4.06 LB CASE

**BEEF
ITEMS**

SPRING/SUMMER 2025



BACON WRAPPED TENDERLOIN STEAK

The most tender beef cut. Lean yet succulent and elegant and wrapped in bacon! Say no more.

PRODUCT CODE: 14962 PRICE: \$92.00
PACKAGED: 2 STEAKS PER PACK | 20 STEAKS x 4 OZ EA



CERTIFIED ANGUS BEEF® GROUND CHUCK BEEF

Versatile, flavorful and economical. Ideal for burgers, meatloaf and meatballs. No matter the meal, this CAB Ground Chuck Beef works wonders with it's mouth-watering flavour.

PRODUCT CODE: 46142 PRICE: \$62.00
PACKAGED: 6 X 500GRS | 6.61 LB CASE



CERTIFIED ANGUS BEEF® CHUCK BURGER

What craft burgers are made of. Literally!!

Certified Angus Beef® set the standards that have become the true mark of quality of the Angus Breed.

PRODUCT CODE: 46102 PRICE: \$74.00
PACKAGED: 20 PATTIES x 7OZ

**BEEF
ITEMS**

SPRING/SUMMER 2025



SLOW COOKED BEEF POT ROAST

You can't take shortcuts when making this tender, delicious pot roast. We perfectly season the Roast and then cook for a long, long, long time for the perfect comfort meal.

PRODUCT CODE: 92572

PRICE: \$105.00

PACKAGED: 8 ROASTS X 575 GR



ITALIAN STYLE COOKED MEATBALLS

The perfect meatball!

Whether for a cocktail party, or with pasta, we bet you can't just eat one!

PRODUCT CODE: 90072

PRICE: \$48.00

PACKAGED: 2 X 4.96 LB BAG



ALL BEEF HOT DOGS

Classic Ball-Park style jumbo hot dogs.

Whether you are just the ketchup & mustard kind, or guacamole, tomatoes and jalapenos is your thing, this is the dog that can do it all.

PRODUCT CODE: 64222

PRICE: \$49.00

PACKAGED: 30 HOT DOGS X 3.5 OZ

CHICKEN
ITEMS

SPRING/SUMMER 2025



"JUST CHICKEN" BNLS/SKNLS CHICKEN BREAST

2 BREASTS PER VAC

Chicken Dinner! With just one ingredient..."Chicken Breast" you can let your inner culinary adventurist journey to parts unknown.

100% additive free-no added water or salt.

PRODUCT CODE: 77162 PRICE: \$82.00
PACKAGED: 6-8 OZ PORTIONS | 8.81 LB BOX



BREADED CHICKEN FINGERS **PAR-COOKED

Dare we say these fingers are famous? These are the same fingers found in some great restaurants and pubs.

Hugely popular for a reason!!

PRODUCT CODE: 71025 PRICE: \$68.00
PACKAGED: 2 X 4.4 LB BAGS



CHICKEN SOUVLAKI- *RAW*

Like Kabobs the word "Souvlaki" simply means "meat on skewers". These tender chicken skewers are made with breast meat and marinated in a mediterranean seasoning.

Top them with Tzatziki sauce, over a bed of rice, in a warm pita or on your favourite salad. Ready for the grill.

PRODUCT CODE: 65632 PRICE: \$30.00
PACKAGED: 15 SKEWERS X 65 GR (2.3 OZ) EACH



SCALLOP MEDALLIONS

These sweet and tender scallops offer all the benefits of the Patagonian Scallop while providing a perfect value alternative.

PRODUCT CODE: 80252 PRICE: \$40.00
PACKAGED: 2 LB BAG | 10-20 COUNT



BUTTERFLY GARLIC SHRIMP

Butterflied, Shell-On and dressed to impress with a garlic & herb marinade - ready for the grill!

PRODUCT CODE: 81272 PRICE: \$30.00
PACKAGED: APPROX. 36 SHRIMP | 2 LB BAG



JAIL ISLAND® ATLANTIC SALMON PORTIONS

Canadian through and through. Raised in the Bay of Fundy, Jail Island® Atlantic Salmon always delivers exceptional flavour and buttery texture for a taste that's close to home.



PRODUCT CODE: 88772 PRICE: \$86.00
PACKAGED: 14 PORTIONS X 5 OZ



**SMOKEY MAPLE & PEPPER BACON WRAPPED
JAIL ISLAND® ATLANTIC SALMON**

We season Jail Island® Salmon with a great smokey maple pepper rub, then wrap it in bacon!



You will surely be a dinner hero!

PRODUCT CODE: 88602 PRICE: \$60.00
PACKAGED: 10 PORTIONS X 5 OZ

**PORK
ITEMS**

SPRING/SUMMER 2025



**DEBREIZENI SAUSAGE
FULLY COOKED PORK SAUSAGE**

Just in time for BBQ Season!
Who needs a hotdog/sausage cart when you can cook up your own
in the comfort of your home.

Fully Cooked and ready to put on the grill!

PRODUCT CODE: 96002 PRICE: \$45.00
PACKAGED: 6 PACKS - 4 SAUSAGES EACH | 24 PCS



THICK CUT PEAMEAL BACON

Studies show making a peameal on a bun with our thick-cut
peameal bacon will make you significantly happier. You can't
argue with science.

PRODUCT CODE: 60062 PRICE: \$50.00
PACKAGED: 6 PACKS X 500 GR



THICK CUT CANADIAN SLICED BACON

Take your home-cooked breakfasts to the next level of deli-
ciousness with our thick cut sliced bacon.

PRODUCT CODE: 60022 PRICE: \$70.00
PACKAGED: 6 PACKS X 500 GR

NUTRITIONALS-INGREDIENTS SPRING/SUMMER 2025

COD LOINS | Product Code #86812

Ingredients: Cod, Water, Sodium Phosphate

CONTAINS: FISH (COD)

Nutrition Facts		% DV* / % VQ*	Nutrition Facts		% DV* / % VQ*
Valeur nutritive			Valeur nutritive		
Per 1 piece (113 g) pour 1 pièce (113 g)	Fat / Lipides	0 g	0 %	Protein / Protéines	17 g
	Saturated / saturés	0 g	0 %	Cholesterol / Cholestérol	55 mg
	+ Trans / trans	0 g		Sodium	360 mg
	Carbohydrate / Glucides	0 g		Potassium	250 mg
	Fibre / Fibres	0 g	0 %	Calcium	10 mg
Calories	70		Iron / Fer	0.2 mg	1 %
* DV = Daily Value			* 5% or less is a little, 15% or more is a lot / * 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup		
* VQ = valeur quotidienne					

CERTIFIED ANGUS BEEF® FRENCHED COWBOY STEAK | Product Code #18242

Ingredients: BEEF

Nutrition Facts		% DV* / % VQ*	Nutrition Facts		% DV* / % VQ*
Valeur nutritive			Valeur nutritive		
Per 1 steak (570 g) pour 1 bifteck (570 g)	Fat / Lipides	84 g	112 %	Protein / Protéines	114 g
	Saturated / saturés	37 g	200 %	Cholesterol / Cholestérol	310 mg
	+ Trans / trans	3 g		Sodium	400 mg
	Carbohydrate / Glucides	0 g		Potassium	1850 mg
	Fibre / Fibres	0 g	0 %	Calcium	50 mg
Calories	1270		Iron / Fer	9 mg	50 %
* DV = Daily Value			* 5% or less is a little, 15% or more is a lot / * 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup		
* VQ = valeur quotidienne					

CERTIFIED ANGUS BEEF® TOP SIRLOIN STEAK | Product Code #14262

Ingredients: BEEF

Nutrition Facts		% DV* / % VQ*	Nutrition Facts		% DV* / % VQ*
Valeur nutritive			Valeur nutritive		
Per 1 steak (170 g) pour 1 bifteck (170 g)	Fat / Lipides	14 g	19 %	Protein / Protéines	36 g
	Saturated / saturés	6 g	33 %	Cholesterol / Cholestérol	95 mg
	+ Trans / trans	0.5 g		Sodium	100 mg
	Carbohydrate / Glucides	0 g		Potassium	550 mg
	Fibre / Fibres	0 g	0 %	Calcium	10 mg
Calories	290		Iron / Fer	4 mg	22 %
* DV = Daily Value			* 5% or less is a little, 15% or more is a lot / * 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup		
* VQ = valeur quotidienne					

NUTRITIONALS-INGREDIENTS SPRING/SUMMER 2025

STEAKHOUSE BURGER | PRODUCT CODE #46342/40002

Ingredients: Beef, Water, Toasted Wheat Crumbs, Salt, Soy Protein, Spices & Spice Extracts, Onion, Sugar, Garlic, Flavour, Canola Oil.

CONTAINS: SOY, WHEAT, MUSTARD

Nutrition Facts		% DV / % VQ*	Nutrition Facts		% DV / % VQ*
Valeur nutritive			Valeur nutritive		
Per 1 burger (170 g) pour 1 burger (170 g)	Fat / Lipides 33 g	44 %	Protein / Protéines 26 g		
	Saturated / saturés 14 g		Cholesterol / Cholestérol 120 mg		
	+ Trans / trans 0.4 g	70 %	Sodium 540 mg		23 %
	Carbohydrate / Glucides 5 g		Potassium 400 mg		9 %
	Fibre / Fibres 0 g	0 %	Calcium 30 mg		2 %
	Sugars / Sucres 1 g	1 %	Iron / Fer 3.5 mg		19 %
Calories 430					
* DV = Daily Value			* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup		
* VQ = valeur quotidienne					

CANADIAN PORK RIB CHOP | Product Code #62022

Ingredients: Pork

Nutrition Facts		% DV* / % VQ*	Nutrition Facts		% DV* / % VQ*
Valeur nutritive			Valeur nutritive		
Per (100 g) pour (100 g)	Fat / Lipides 14 g	19 %	Protein / Protéines 20 g		
	Saturated / saturés 5 g		Cholesterol / Cholestérol 60 mg		
	+ Trans / trans 0 g	25 %	Sodium 40 mg		2 %
	Carbohydrate / Glucides 0 g		Potassium 400 mg		12 %
Fibre / Fibres 0 g	0 %	Calcium 0 mg		0 %	
Sugars / Sucres 0 g	0 %	Iron / Fer 0.75 mg		4 %	
Calories 210					
* DV = Daily Value			* 5% or less is a little, 15% or more is a lot / * 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup		
* VQ = valeur quotidienne					

SMOKED & COOKED PORK BACK RIBS IN BBQ SAUCE | PRODUCT CODE #92862

Ingredients: Pork, Sugar/Glucose-Fructose, Tomato Paste, Cayenne Pepper Sauce (cayenne red peppers, vinegar, water, salt, garlic powder), Vinegar, Modified Corn Starch, Water, Concentrated Pineapple Juice, Spice Extracts (contains mustard), Salt, Refiners' Molasses, Natural Smoke Flavour, Caramel Colour, Tamarind, Sodium Benzoate, Garlic Powder, Onion Powder, Smoke.

CONTAINS: SOY, MUSTARD

Nutrition Facts		% DV / % VQ*	Nutrition Facts		% DV / % VQ*
Valeur nutritive			Valeur nutritive		
Per 1/3 rack (140g edible portion) pour 1/3 carré (partie comestible de 140 g)	Fat / Lipides 18 g	24 %	Protein / Protéines 21 g		
	Saturated / saturés 7 g		Cholesterol / Cholestérol 70 mg		23 %
	+ Trans / trans 0.1 g	35 %	Sodium 340 mg		15 %
	Carbohydrate / Glucides 18 g		Potassium 350 mg		7 %
Fibre / Fibres 0 g	0 %	Calcium 30 mg		2 %	
Sugars / Sucres 17 g	17 %	Iron / Fer 1.25 mg		7 %	
Calories 320					
* DV = Daily Value			* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup		
* VQ = valeur quotidienne					

NUTRITIONALS-INGREDIENTS SPRING/SUMMMER 2025

AA/US SELECT BONELESS RIBEYE STEAK | Product Code #12272

Ingredients: BEEF

Nutrition Facts Valeur nutritive	% DV* / % VQ*	% DV* / % VQ*
Per 1 steak (570 g) pour 1 bifteck (570 g)	Fat / Lipides 84 g 112 %	Protein / Protéines 114 g
	Saturated / saturés 37 g + Trans / trans 3 g 200 %	Cholesterol / Cholestérol 310 mg
Calories 1270	Carbohydrate / Glucides 0 g	Sodium 400 mg 17 %
	Fibre / Fibres 0 g 0 %	Potassium 1850 mg 54 %
* DV = Daily Value	Sugars / Sucres 0 g 0 %	Calcium 50 mg 4 %
* VQ = valeur quotidienne		Iron / Fer 9 mg 50 %
*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

CERTIFIED ANGUS BEEF® STRIPLOIN STEAK | Product Code #14442

Ingredients: BEEF

Nutrition Facts Valeur nutritive	% DV* / % VQ*	% DV* / % VQ*
Per 1/2 steak (143 g) pour 1/2 bifteck (143 g)	Fat / Lipides 19 g 25 %	Protein / Protéines 29 g
	Saturated / saturés 8 g + Trans / trans 0.5 g 43 %	Cholesterol / Cholestérol 75 mg
Calories 300	Carbohydrate / Glucides 0 g	Sodium 80 mg 3 %
	Fibre / Fibres 0 g 0 %	Potassium 450 mg 10 %
* DV = Daily Value	Sugars / Sucres 0 g 0 %	Calcium 10 mg 1 %
* VQ = valeur quotidienne		Iron / Fer 3 mg 17 %
*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

BONELESS BOTTOM SIRLOIN "BAVETTE" STEAK | Product Code #18842

Ingredients: Beef, Water, Salt, Sugars (glucose solids), Hydrolyzed soy protein, Spices, papain.

CONTAINS: SOY

Nutrition Facts Valeur nutritive	% DV* / % VQ*	% DV* / % VQ*
Per 1 steak (115 g) pour 1 bifteck (115 g)	Fat / Lipides 9 g 12 %	Protein / Protéines 20 g
	Saturated / saturés 3.5 g + Trans / trans 0.3 g 19 %	Cholesterol / Cholestérol 60 mg
Calories 160	Carbohydrate / Glucides 0 g	Sodium 430 mg 19 %
	Fibre / Fibres 0 g 0 %	Potassium 300 mg 6 %
* DV = Daily Value	Sugars / Sucres 0 g 0 %	Calcium 10 mg 1 %
* VQ = valeur quotidienne		Iron / Fer 2 mg 11 %
*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup		

NUTRITIONALS-INGREDIENTS SPRING/SUMMER 2025

BACON WRAPPED TENDERLOIN STEAK | PRODUCT CODE #14962

Ingredients: Beef, Bacon: Pork, Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite, Sodium Bicarbonate, Spices, Smoke.

Nutrition Facts		% DV / % VQ*	Nutrition Facts		% DV / % VQ*
Valeur nutritive			Valeur nutritive		
Per portion (100 g) par portion (100 g)	Fat / Lipides 1.5 g	2 %	Protein / Protéines 18 g		
	Saturated / saturés 0.4 g	2 %	Cholesterol / Cholestérol 5 mg		
	+ Trans / trans 0 g		Sodium 650 mg		28 %
Calories 100	Carbohydrate / Glucides 4 g		Potassium 400 mg		9 %
	Fibre / Fibres 0 g	0 %	Calcium 20 mg		2 %
	Sugars / Sucres 2 g	2 %	Iron / Fer 0.75 mg		4 %
* DV = Daily Value			* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup		
* VQ = valeur quotidienne					

CERTIFIED ANGUS BEEF® GROUND CHUCK | Product Code #46142

Ingredients: BEEF

Nutrition Facts		% DV* / % VQ*	Nutrition Facts		% DV* / % VQ*
Valeur nutritive			Valeur nutritive		
Per 1 burger (100 g) pour 1 burger (100 g)	Fat / Lipides 20 g	27 %	Protein / Protéines 18 g		
	Saturated / saturés 8 g	43 %	Cholesterol / Cholestérol 70 mg		
	+ Trans / trans 0.5 g		Sodium 55 mg		2 %
Calories 260	Carbohydrate / Glucides 0 g		Potassium 300 mg		9 %
	Fibre / Fibres 0 g	0 %	Calcium 10 mg		1 %
	Sugars / Sucres 0 g	0 %	Iron / Fer 1.75 mg		10 %
* DV = Daily Value			* 5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup		
* VQ = valeur quotidienne					

CERTIFIED ANGUS BEEF® CHUCK BURGER | Product Code #46102

Beef, Water, Salt.

Nutrition Facts		Amount / Teneur	% DV / % VQ	Nutrition Facts		Amount / Teneur	% DV / % VQ
Valeur nutritive				Valeur nutritive			
Serving Size 1 burger (200 g) Portion 1 burger (200 g)	Fat / Lipides 33 g		51 %	Carbohydrate / Glucides 0 g			0 %
	Saturated / saturés 14 g		73 %	Fibre / Fibres 0 g			0 %
	+ Trans / trans 0.5 g			Sugars / Sucres 0 g			
Calories / Calories 450	Cholesterol / Cholestérol 130 mg			Protein / Protéines 35 g			
	Sodium / Sodium 330 mg		14 %				
* DV = Daily Value / VQ = valeur quotidienne				Vitamin C / Vitamine C			0 %
	Vitamin A / Vitamine A		0 %	Iron / Fer			25 %
	Calcium / Calcium		2 %				

NUTRITIONALS-INGREDIENTS SPRING/SUMMER 2025

SLOW COOKED BEEF POT ROAST | PRODUCT CODE #92572

Ingredients: Boneless Beef Blade Roast, Water, Beef Juices, Dextrose, Salt, Modified Corn Starch, Hyrdolyzed Corn, Soy and Wheat Proteins, Spices and Spice Extracts, Caramel Colour, Beef Flavour, (hydrolyzed whey and wheat protein), Hydrogenated Soybean and Canola Oils, Onion, Garlic, Sugar, Parsley, Modified Milk Ingredients, Xanthan Gum, Silicon Dioxide.

CONTAINS: MILK, SOY, WHEAT

Nutrition Facts		% DV / % VQ*			% DV / % VQ*
Valeur nutritive					
Per 1/6 roast (150 g) pour 1/6 de rôti (150 g)					
Calories 260					
* DV = Daily Value					
* VQ = valeur quotidienne					
		* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup			

Fat / Lipides 16 g	21 %	Protein / Protéines 26 g	
Saturated / saturés 7 g		Cholesterol / Cholestérol 70 mg	
+ Trans / trans 0.5 g	40 %	Sodium 530 mg	23 %
Carbohydrate / Glucides 1 g		Potassium 350 mg	7 %
Fibre / Fibres 0 g	0 %	Calcium 10 mg	1 %
Sugars / Sucres 1 g	1 %	Iron / Fer 2.5 mg	14 %

ITALIAN STYLE COOKED MEATBALLS | PRODUCT CODE #90072

Ingredients: Beef, Water, Rice flour, Sea salt, Corn flour, Dried orange pulp, Garlic powder, Onion powder, Grated parmesan cheese (milk), Spices, Rice starch, Sugars (sugar, dextrose), Salt, Silicon dioxide, Spice extracts, Flavour, Paprika extract, Canola and/or Sunflower oil, Yeast.

CONTAINS: MILK

Nutrition Facts		% DV* / % VQ*			% DV* / % VQ*
Valeur nutritive					
Per 6 meatballs (60 g) pour 6 boulettes (60 g)					
Calories 150					
* DV = Daily Value					
* VQ = valeur quotidienne					
		* 5% or less is a little, 15% or more is a lot / * 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup			

Fat / Lipides 12 g	16 %	Protein / Protéines 9 g	
Saturated / saturés 5 g		Cholesterol / Cholestérol 45 mg	
+ Trans / trans 0.2 g	26 %	Sodium 250 mg	11 %
Carbohydrate / Glucides 2 g		Potassium 150 mg	4 %
Fibre / Fibres 0 g	0 %	Calcium 10 mg	1 %
Sugars / Sucres 0 g	0 %	Iron / Fer 1.25 mg	7 %

ALL BEEF JUMBO HOT DOGS | PRODUCT CODE #64222

Ingredients: Beef, water, wheat flour, salt, ground spices, corn flour, sodium erythorbate, toasted wheat crumbs, sodium nitrate, smoke

Nutrition Facts		% DV / % VQ*			% DV / % VQ*
Valeur nutritive					
Per 1 frankfurter (100 g) pour 1 saucisse fumée (100 g)					
Calories 150					
* DV = Daily Value					
* VQ = valeur quotidienne					
		* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup			

Fat / Lipides 11 g	15 %	Protein / Protéines 10 g	
Saturated / saturés 3 g		Cholesterol / Cholestérol 30 mg	
+ Trans / trans 0.1 g	15 %	Sodium 760 mg	33 %
Carbohydrate / Glucides 2 g		Potassium 175 mg	4 %
Fibre / Fibres 1 g	4 %	Calcium 40 mg	3 %
Sugars / Sucres 1 g	1 %	Iron / Fer 1.5 mg	8 %

NUTRITIONALS-INGREDIENTS SPRING/SUMMER 2025

JUST CHICKEN BREAST (BNLS/SKNLS) | Product Code #77162

Ingredients: Chicken

Nutrition Facts Valeur nutritive	% DV* / % VQ*		% DV* / % VQ*	
	Per portion (141 g) pour portion (141 g)	Fat / Lipides 19 g	25 %	Protein / Protéines 29 g
Calories 290	Saturated / saturés 4.5 g	23 %	Cholesterol / Cholestérol 80 mg	
	+ Trans / trans 0 g		Sodium 85 mg	4 %
	Carbohydrate / Glucides 0 g		Potassium 500 mg	15 %
	Fibre / Fibres 0 g	0 %	Calcium 10 mg	1 %
	Sugars / Sucres 0 g	0 %	Iron / Fer 0.5 mg	3 %
* 5% or less is a little, 15% or more is a lot / * 5% ou moins c'est peu, 15% ou plus c'est beaucoup				

BREADED CHICKEN FINGERS | PRODUCT CODE #71025 *PAR-COOKED

Ingredients: Chicken Breast Fillets, Water, Salt, Sodium Phosphate, Seasoning (Salt, Spice Extract, Polysorbate, Tricalcium Phosphate), in the breading (Toasted Wheat Crumbs with Spices, Wheat Flour, Spices, Dextrose, Garlic Powder, Modified Corn Starch, Yellow Corn Flour, Baking Powder, Vegetable Oil, Shortening (Soy and Cotton Seed) Defatted Soy Flour, Milk Ingredients, Dried Egg, White Powder, Guar Gum, Browned in Soybean and Canola Oil). **CONTAINS: WHEAT, SOY, MILK AND EGG**

Nutrition Facts Valeur nutritive	% DV* / % VQ*		% DV* / % VQ*	
	Per 3 pieces (100 g) pour 3 morceaux (100 g)	Fat / Lipides 9 g	12 %	Protein / Protéines 11 g
Calories 200	Saturated / saturés 1.5 g	8 %	Cholesterol / Cholestérol 20 mg	
	+ Trans / trans 0 g		Sodium 540 mg	23 %
	Carbohydrate / Glucides 21 g		Potassium 350 mg	7 %
	Fibre / Fibres 1 g	4 %	Calcium 30 mg	2 %
	Sugars / Sucres 2 g	2 %	Iron / Fer 1.5 mg	8 %
* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup				

CHICKEN SOUVLAKI | Product Code #65632

Ingredients: Chicken Breast, Water, Canola Oil, Flavour (corn starch, dehydrated turkey broth, dextrose, spice extracts), corn syrup solids, sodium phosphates, cooking wine (salt, contains sulphites). Onion Powder, sea salt, lemon juice from concentrate, oranges, sweet paprika powder, garlic powder, spice. **CONTAINS: SULPHITES**

Nutrition Facts Valeur nutritive	% DV* / % VQ*		% DV* / % VQ*	
	Serving Size (65 g) Portion (65 g)	Fat / Lipides 5 g	7 %	Protein / Protéines 10 g
Calories 100	Saturated / saturés 0.5 g	3 %	Cholesterol / Cholestérol 25 mg	
	+ Trans / trans 0 g		Sodium 270 mg	12 %
	Carbohydrate / Glucides 2 g		Potassium 125 mg	3 %
	Fibre / Fibres 0 g	0 %	Calcium 10 mg	1 %
	Sugars / Sucres 0 g	0 %	Iron / Fer 0.5 mg	3 %
* 5% or less is a little, 15% or more is a lot / * 5% ou moins c'est peu, 15% ou plus c'est beaucoup				

NUTRITIONALS-INGREDIENTS SPRING/SUMMMER 2025

SCALLOP MEDALLIONS | Product Code #80252

Ingredients: Scallops, Fish Gelatin (cod, haddock, pollock), Salt.

Nutrition Facts		% DV* / % VQ*		% DV* / % VQ*	
Valeur nutritive					
Per 4 medallions (125 g) pour 4 médaillons (125 g)		Fat / Lipides 0.5 g	1 %	Protein / Protéines 23 g	
Calories 100		Saturated / saturés 0.2 g	1 %	Cholesterol / Cholestérol 30 mg	
		+ Trans / trans 0 g		Sodium 380 mg	17 %
		Carbohydrate / Glucides 1 g		Potassium 250 mg	7 %
		Fibre / Fibres 0 g	0 %	Calcium 20 mg	2 %
		Sugars / Sucres 1 g	1 %	Iron / Fer 0.4 mg	2 %
* DV = Daily Value * VQ = valeur quotidienne		*5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup			

BUTTERFLY GARLIC SHRIMP | PRODUCT CODE #81272

Ingredients: Shrimp, Water, Garlic, Maltodextrin, Modified Corn Starch, Natural Lemon Flavor, Salt, Sugar, Spices, Xanthan Gum, Corn Syrup, Yeast Extract, Silicon Dioxide, Citric Acid, Sodium Tripolyphosphate (for moisture retention).

Nutrition Facts		% DV / % VQ*		% DV / % VQ*	
Valeur nutritive					
Per 4 shrimp (125 g) pour 4 crevette (125 g)		Fat / Lipides 0.5 g	1 %	Protein / Protéines 18 g	
Calories 80		Saturated / saturés 0.2 g	1 %	Cholesterol / Cholestérol 145 mg	
		+ Trans / trans 0 g		Sodium 490 mg	21 %
		Carbohydrate / Glucides 2 g		Potassium 125 mg	3 %
		Fibre / Fibres 1 g	4 %	Calcium 200 mg	15 %
		Sugars / Sucres 0 g	0 %	Iron / Fer 0 mg	0 %
* DV = Daily Value * VQ = valeur quotidienne		*5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup			

ATLANTIC SALMON PORTION BNLS/SKNLS | Product Code #88772

Ingredients: Salmon

Nutrition Facts		% DV* / % VQ*		% DV* / % VQ*	
Valeur nutritive					
Per portion (141 g) pour portion (141 g)		Fat / Lipides 19 g	25 %	Protein / Protéines 29 g	
Calories 290		Saturated / saturés 4.5 g	23 %	Cholesterol / Cholestérol 80 mg	
		+ Trans / trans 0 g		Sodium 85 mg	4 %
		Carbohydrate / Glucides 0 g		Potassium 500 mg	15 %
		Fibre / Fibres 0 g	0 %	Calcium 10 mg	1 %
		Sugars / Sucres 0 g	0 %	Iron / Fer 0.5 mg	3 %
* DV = Daily Value * VQ = valeur quotidienne		*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup			

SMOKEY MAPLE BACON WRAPPED SALMON | Product Code #88602

Ingredients: Salmon, Bacon (pork, water, salt, sugar, sodium erythorbate, sodium phosphate, spices, sodium nitrite, smoke), Sugars (maple sugar, brown sugar), salt, dehydrated red bell pepper, smoke flavour, spice, caramel, flavour. **CONTAINS: FISH (SALMON)**

Nutrition Facts		Amount / Teneur		% DV / % VQ		Amount / Teneur		% DV / % VQ	
Valeur nutritive									
Serving Size 1 fillet (142 g) Portion 1 fillet (142 g)		Fat / Lipides 27 g		42 %		Potassium / Potassium 420 mg		12 %	
Calories / Calories 360		Saturated / saturés 8 g		40 %		Carbohydrate / Glucides 2 g		1 %	
		+ Trans / trans 0 g				Fibre / Fibres 0 g		0 %	
		Cholesterol / Cholestérol 80 mg				Sugars / Sucres 2 g			
		Sodium / Sodium 630 mg		26 %		Protein / Protéines 26 g			
		Vitamin A / Vitamine A		2 %		Vitamin C / Vitamine C		0 %	
* DV = Daily Value / VQ = valeur quotidienne		Calcium / Calcium		2 %		Iron / Fer		4 %	

NUTRITIONALS-INGREDIENTS SPRING/SUMMER 2025

DEBREIZENI SAUSAGE (FULLY COOKED) | Product Code #96002

Pork, Water, Salt, Spices and Spice Extracts, Modified Corn Starch, Wheat Flour, Soy Protein, Dextrose, Mustard, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.

CONTAINS: SOY, WHEAT GLUTEN, MUSTARD

Nutrition Facts		% DV* / % VQ*		% DV* / % VQ*	
Valeur nutritive					
Per (70 g)					
pour (70 g)					
Calories 240					
* DV = Daily Value					
* VQ = valeur quotidienne					
Fat / Lipides 21 g		28 %		Protein / Protéines 8 g	
Saturated / saturés 8 g		40 %		Cholesterol / Cholestérol 45 mg	
+ Trans / trans 0 g				Sodium 680 mg	30 %
Carbohydrate / Glucides 0 g				Potassium -- mg	-- %
Fibre / Fibres 0 g		0 %		Calcium -- mg	-- %
Sugars / Sucres -- g		-- %		Iron / Fer -- mg	-- %
* 5 % or less is a little, 15 % or more is a lot / * 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup					

THICK CUT PEAMEAL BACON | PRODUCT CODE #60062

Pork, Water, Cornmeal, Salt, Sugar, Sodium Phosphate, Sodium Ascorbate, Sodium Bicarbonate, Sodium Nitrite, Polysorbate 80, Spice. **CONTAINS: CORNMEAL**

Nutrition Facts		% DV / % VQ*		% DV / % VQ*	
Valeur nutritive					
Per portion (100 g)					
par portion (100 g)					
Calories 100					
* DV = Daily Value					
* VQ = valeur quotidienne					
Fat / Lipides 1.5 g		2 %		Protein / Protéines 18 g	
Saturated / saturés 0.4 g		2 %		Cholesterol / Cholestérol 5 mg	
+ Trans / trans 0 g				Sodium 650 mg	28 %
Carbohydrate / Glucides 4 g				Potassium 400 mg	9 %
Fibre / Fibres 0 g		0 %		Calcium 20 mg	2 %
Sugars / Sucres 2 g		2 %		Iron / Fer 0.75 mg	4 %
* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup					

THICK CUT CANADIAN SLICED BACON | Product Code #60022

Pork, water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite, sodium bicarbonate, spices, smoke.

Nutrition Facts		Amount / Teneur		% DV / % VQ		Amount / Teneur		% DV / % VQ	
Valeur nutritive									
Per 2 slices (56 g)									
par 2 tranches (56 g)									
Calories / Calories 190									
* DV = Daily Value / VQ = valeur quotidienne									
		Fat / Lipides 8 g		12 %		Carbohydrate / Glucides 0 g		0 %	
		Saturated / saturés 7 g		36 %		Fibre / Fibres 0 g		0 %	
		+ Trans / trans 0.1 g				Sugars / Sucres 0 g			
		Cholesterol / Cholestérol 30 mg				Protein / Protéines 8 g			
		Sodium / Sodium 470 mg		20 %					
		Vitamin A / Vitamine A		0 %		Vitamin C / Vitamine C		0 %	
		Calcium / Calcium		0 %		Iron / Fer		4 %	